

Foundations for successful coaching

This is a two day programme that will help you to develop your coaching skills to support change, personal performance and learning. The programme offers a blend of theoretical input with extensive opportunities to practise core coaching skills.

You will:

- develop your communication and relationship skills
- work with a model of coaching to secure effective outcomes
- understand why people often resist change and how to support their forward momentum to achieve desired outcomes
- use key coaching skills and processes to help individuals resolve 'live' issues
- understand the application of coaching in leading and managing change, enhancing performance and its key role in achieving sustainable CPD and personalised learning
- write a SMART plan for further learning and practice around coaching

Programme structure:

The programme is designed to enable you to process the learning from day one by applying your coaching skills in the workplace prior to day two. You will also receive pre-programme reading to stimulate your thinking.

Who can apply?

This two day programme is for leaders and managers in education, social care, health, local government and the voluntary sector. It is also suitable for international clients.

Cost:

£470 for the two day programme or £420 for LCLL members

Click here for the e-booking form - <http://www.lcll.org.uk/coaching.html>

Become a member: www.ioe.ac.uk/lcll/membership T: 020 7612 6689 E: londoncentre@ioe.ac.uk



To register, contact:
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Venue:
Institute of Education
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Programme content:

Day 1

- purpose and power of coaching as an essential management, leadership and learning and teaching tool
- core coaching skills
- exploring the structure of change
- developing proficiency to support change at a personal level
- learning how to overcome fixed and limiting thought patterns.

Day 2

- supporting the client as a creative thinker
- securing outcomes with the client
- using coaching models
- developing outstanding rapport
- promoting deep reflection in the client.

When you complete the programme you will receive a certificate of completion from the IOE.

Dates of programmes:

Autumn dates: Day 1 - Thursday 4 October, Day 2 - Monday 19 November 2012 (at the IOE).

Group bookings:

This programme can be offered in your school or public sector organisation for groups of participants. Contact us for incentives and more information.

International:

For international schools and groups of schools, the programme can be offered at your overseas venue. Contact us for more information.

What do participants say about the programme?

"I thought I knew about coaching and mentoring. It came as a shock to find that I had just been scratching the surface on other courses I have been on". **Speech and Language Therapist**

"The coaching and mentoring programme has given me the skills and confidence to apply for deputy headship. It has affected me personally, and given me a repertoire of leadership and communication skills that I just didn't have before". **Middle Leader**