

Mentoring and Coaching Masterclass

'A series of events supporting personal and organisational achievement'

Change your mind; how thought processes effect powerful change

Date: Tuesday 31st January 2012

Time: 5.30pm - 8.00pm (Registration 5.15pm)

For: Senior and middle leaders, teachers, local authority advisers, LCLL members and all coaches including those working with NQT's, Transitional Coaching, NPQH, MTL and Heads

With: Max Coates, Programme Leader for Coaching, LCLL

Event outline:

Explore how changes in emotional states can impact on coaching, and examine coaching at deeper levels. Begin to develop innovative solutions towards facilitating positive behavioural change and effective mental processing.

This session will cover:

- achieving requisite mental states for effective decision making
- how a client can limit stress at will
- how to generate and sustain rapport using targeted language
- why achieving the Rapid Eye Movement (REM) state is essential to deep coaching
- developing linguistic resources to enhance coaching

Cost: £40.00; £30.00 for LCLL members: http://www.ioe.ac.uk/LCLL_Event_Booking_Form.pdf



Venue:

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Become a member:

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For membership events:

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